

WATCH: SUICIDE PREVENTION AND INTERVENTION FOR FIRST RESPONDER PEER SUPPORT

For First Responder Agency Executives

Because the hardest conversations are the ones that save lives.

First responders face repeated trauma, high stress and cultural barriers to asking for help. This training provides leaders with a review of the skills being taught to and used by agency peer support teams to recognize risk and intervene early.

Learn the latest information and practices including:

- Recognize warning signs and risk factors specific to first responders
- Ask directly about suicide using clear, stigma-reducing language
- Assess risk using the Brief Columbia Suicide Severity Scale
- Engage in meaningful conversations that keep someone connected
- Reduce access to lethal means using non-punitive approaches
- Connect peers to appropriate resources



Training Framework: WATCH

WATCH: Warning Signs → Ask Directly → Tools & Tactics → Collaborate → Handoff

Date: September 16, 2026

Time: 1:30pm - 4:30pm

Location: Lake Stevens Police Department

1825 S Lake Stevens Rd

Lake Stevens, WA

OR Virtually via Microsoft Teams. Virtual participants should have a partner in the room to practice the skills portion of the training.

Questions should be directed to Chief Andy McCurdy andym@sumnerwa.gov

Register here:

